

Materials list

100% cotton light colored pillow case ideal, washed with bleach and dried (and ironed if needed)

AC filter, MERV 12-14 (or FPR 9-10) or 1500 MPR

Sewing machine, medium standard needle

Chalk (colored)

Paper template (PDF)

Ruler

Thread

Crappy scissors/wire cutters for filter (if needed)

Sewing scissors for material

Iron

Pins

Twist-ties (optional)

